

# Lodge Hill October 2017





**M**meet the team.

**69** children are going accompanied  
by **7** members of staff

(Mrs Beattie, Miss Bowers,  
Miss Steer, Mr Blanchard, Mrs Jones,  
Miss Thomas, Miss Begum)

# Monday

Please arrive at school at 8.30 am.

Children to come to the school hall with:

- \* Overnight bags / cases
- \* Small rucksack - snack, water and lunchbox
- \* any medication – labelled

The coaches will leave at 9 am.

## Tuesday

We are due back around 5.30 pm.

We will let the school know if our ETA will be different and they will put it on the web site.

## SAFETY (Peace of mind)

- \* All Lodge Hill staff are DBS/Police checked, inducted & trained. They have achieved appropriate qualifications for each of the activities they teach.
- \* Lodge Hill staff are qualified First Aiders.
- \* Lodge Hill is independently inspected by the British Activity Holiday Association (BAPA)
- \* Comprehensive risk assessments have been carried out on all Activities.
- \* Activity groups are at a ratio of 1 instructor to 12 participants [on certain activities it is a ratio of 2:12]
- \* Each activity is accompanied by Lodge Hill instructors & group leaders.
- \* The Centre have secure & clearly defined borders, with CCTV in operation.
- \* The Lodge Hill Duty Manager is on call 24/7 for any emergencies.

## ACTIVITIES

There will be 6 activity groups each with 11/12 children.

All groups do the same 7 activities, each activity last 1 hr 30 mins. Activities include crate stacking, karting, archery and low ropes.

On the Monday night, all groups will do a night hike together, led by the Lodge Hill team.



## DORMITORIES

27 bedrooms on 3 separate floors

2 ,3, 4, 6 bedded rooms. Children **make their own bed!**

Group leaders separate bedrooms

14 bath / shower rooms.

Adults rooms are dotted between the children's rooms.

Children have chosen 3 or 4 friends and we have done our very best to ensure that they are with at least one.



# FOOD

**R**emember to pack a packed lunch and snack for Monday.

## Monday

2.45 - afternoon tea

6-7 - Dinner

9 - Bedtime drink

## Tuesday

8 - 9 - Breakfast

10.45 - Snack

12.30 - 1.30 - Lunch

PLEASE DON'T PACK ANY EMERGENCY FOOD ,  
allergies/ problems

# KIT LIST - everything named please

Waterproof coat

Night clothes / teddy

2 pairs underwear / socks

1 sturdy pair of shoes or trainers

2 pairs of tracksuit bottoms / trousers /  
leggings (not jeans)

2 tops (at least one with long sleeves)

Sweatshirt

Washbag

Toothbrush / paste

Comb / brush

Towel

Face cloth

Shampoo / shower gel (if needed)

Tissues

Deodorant (no aerosols)

Large plastic bag for dirty clothes

**NO MOBILE PHONES OR ELECTRICAL  
DEVICES**

# FORMS

- All medical & consent forms should have been completed and returned to school.
- Please could anyone who needs to add / make changes see me at the end
- Any changes please notify the school immediately.
- Please could you all sign the form if you consent to us giving your child piriton if needed.

## MEDICAL

We have 3 nominated first aiders - Miss Begum, Miss Thomas and Mrs Jones . All staff at the centre are first aid trained.

Any medication must be bagged and clearly labelled & given to the first aiders on Monday morning

2 x inhalers - 1 in your child's rucksack the other with the group leader.

Please let us know today of any concerns eg sleep walking or bed wetting.

# BEHAVIOUR

## 5 Cs

- \* CARING
- \* CAREFUL
- \* CHEERFUL
- \* COURTEOUS
- \* CO - OPERATION

In an emergency, contact the school who will be able to reach us.

We will give out a phone number for emergency contact overnight nearer the time.

Now for the **good** news:

- £5 credit on your school accounts
- Children to have 1 hour extra in bed on Wednesday morning if they wish – come in at 10am ready for assembly.

Thank you for coming.

Good weather is ordered!

No news is good news.

Any questions?

Please feel free to speak to any of us.



