



Year 5 residential to Lodge Hill, Pulborough

October 2nd – 3rd 2017

<http://www.lodgehill.org.uk/>

Why a residential in year 5?

- To help the children to become more independent prior to their longer French residential in year 6
- To improve team work & co-operation
- To give children opportunities for new and fun experiences and to learn new skills
- To develop each child's self confidence

Why Lodge Hill?

- Lodge Hill is a short stay outdoor activity centre in Pulborough. It is used by many local schools and has an outstanding reputation. For over 60 years it has provided tailor-made residential visits for schools and community groups.
- It has on-site trained instructors who lead a range of activities.
- There are extensive and safe grounds for children to explore.
- Children stay in clean bedrooms and meals are provided in a large dining hall.

Accommodation

- The main house at Lodge Hill can accommodate up to 72 people in 27 bedrooms over 3 floors in 2, 3 & 4 bedded rooms with bedding provided. Boys and girls are on different floors
- There are 15 bath / shower rooms, and each residential group are allocated their own lounge area. There is a duty manager on site at all times and CCTV enhances site security.
- Extra accommodation is available in 2 large woodland lodges should we need it.

Activities



- Lodge Hill Centre programmes include challenging & exciting activities organised to meet the needs of the children & build confidence, team building and communication skills.
- We aim to include as many activities as possible in the time we are there. Some will be lead by Instructors, some by Southway teachers.
- They will include individual and team based activities
- Most activities will be outdoors and there will be a night hike.

Food

- Children will need to bring a packed lunch for the first day then all food will be provided, including snacks.
- Onsite caterers provide home-made meals using fresh produce purchased from local suppliers. Special diets can be catered for if we are informed well in advance.
- There is "family dining" service where food is served in dishes and placed in the centre of the table and children serve themselves.
- Meals are served in a communal dining room. Lunch is followed by fresh fruit & yoghurt. Hot & cold desserts are served with Dinner.

Example Timetable

Day 1

8am – coaches leave Southway
9am – arrive Lodge hill, explore grounds
10am – activity 1
12.30 – lunch (provided by children)
1.30pm – activity 2
3pm – snack
3.30 – activity 3
5pm – relaxing time
6pm – Dinner
7.30pm – night hike
9pm – hot drink
9.30 – lights out

Day 2

- 7.30 - Wake up
- 8-9 - Breakfast / pack up
- 9.15 - Activity 4
- 11.00 - Activity 5
- 12.30 - Lunch
- 1.15pm - Activity 6
- 4pm - Coach leaves
- 5.30pm - Coach arrives back at Southway

Costs of the residential

Note – costs may vary slightly as they are dependent upon the number of children who go on the trip.

| | |
|------------------------|------------|
| Accommodation & food | £55 |
| Coach | £25 |
| Activities & insurance | <u>£35</u> |
| Total | £115 |

This can be paid in instalments or in one go by check, cash or via the online payment system on the school website (see the office if you require a code).

